



## TIME USE SURVEY IN THE PERIOD 2009 - 2010

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**SUMMARY** Within the period October 2009 - October 2010 the NSI of Bulgaria has conducted national time use survey. It describes the use of time of a separate person or the whole population for a given period (24 hours) distributed by the activities done. Data is analyzed by means of the average time (hours and minutes) spent by participants in a given activity and the share (percentage) of the participants.

Highest is the share of time spent on personal care - 12:20 hours or 33% within twenty-four-hour period, followed by activities connected to employment - 7:14 hours or 19% and study - 5:33 hours or 15% respectively. Leisure time represents about 12% of the twenty-four-hour period (4:30 hours) and the domestic work - 10%. The share of time spent on other activities is lower - voluntary work 6%, travels - 3% and others and unspecified activities 2%.

Based on data from previous time use surveys, the tendencies are described not only in average time per participant, but also changes of the structure of time within the twenty-four-hour period. It is found that time spent on sleep, employment, study and travel decrease and the leisure time and time spent on personal care - increase.

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